



Middle School Lunch Menu January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info... Offered Daily: SANDWICHES AND HOAGIES Turkey Hoagies Italian Hoagies Other Assorted Sandwiches/ Hoagies Chicken Patty and/or Cheeseburger Peanut Butter & Jelly/When Available SALADS AND WRAPS Chicken Caesar Salad Rainbow Chopped Salad Chicken Caesar Wrap Buffalo Chicken Wrap Assorted Milk: 1% White Fat Free Chocolate Fat Free Strawberry Skim Teacher's Lunches: \$5.00/\$5.50
1 	2 Cheesesteak Seasoned Fries Buttery Corn Roasted Chickpeas Chilled Pineapple Asst Fruits & Veggies	3 Chicken & Waffles Chicken Tenders/3 & Waffle Sticks/3 Roasted Broccoli Chickpea Salad Chilled Pears	4 French Toast Sticks/5 Sausage Patties Hashbrown Baked Apples Celery Sticks Chilled OJ	5 Pizza Party Romaine Salad w/ Croutons Carrot & Celery Sticks w/ Dip Apple Pie Salad	
8 Grilled Cheese/2 Tomato Soup Candied Carrots Celery Sticks w/ Dip Asst. Fruits & Veggies	9 Soft or Hard Tacos Fluffy Brown Rice Buttery Corn Chilled Cucumbers Chilled Pineapple Asst. Fruits & Veggies	10 Beef Stir Fry Bowl Fluffy Brown Rice Stir Fry Vegetables Red Pepper Strips Mandarin Oranges Fortune Cookies/2	11 Hot & Honey Chicken Smackers/10 w/ Garlic Bread Tater Tots Seasoned Mixed Veggies Roasted Chickpeas Peach Cups	12 TWP'S OWN JAKE'S PIZZA DAY Cran-Apple Spinach Salad Strawberry, Pear, Orange Salad	
15 School Closed	16 Chicken Fajitas/2 Fluffy Brown Rice Fiesta Beans Sliced Cucumbers Chilled Pineapple Asst. Fruits & Veggies	17 Hot Ham & Cheese on a Pretzel Bun Sweet Potato Fries Sliced Peppers & Dip Chilled Pears Asst. Fruits & Veggies	18 Pizza Grilled Cheese Seasoned Fries Creamy Cole Slaw Chilled Fruit Cocktail Asst. Fruits & Veggies	19 Pizza Party Romaine Salad w/ Croutons Carrot & Celery Chilled Pears Asst. Fruits & Veggies	
22 Egg & Cheese on a WG Croissant Hashbrown Rounds Chilled Peaches Chilled OJ & Baked Apples	23 Soft or Hard Tacos Fluffy Brown Rice Buttery Corn Sliced Peppers & Dip Black Bean Salad Chilled Pineapple ED	24 Chicken & Waffles Chicken Tenders/3 & Waffle Sticks/3 w/ Syrup Candied Yams Chickpea Salad Asst. Fruits & Veggies	25 Sticks & Stones w/ Breadstick/Biscuit Marinara Sauce Italian Green Beans Sliced Green Peppers Chilled Fruit Cocktail Asst. Fruits & Veggies	26 Pizza Party Romaine Salad w/ Croutons Carrot & Celery Sticks w/ Dip Apple Pie Salad	
29 Penne Alfredo w/ Biscuit Pizza Green Beans Romaine Boats Roasted Chickpeas Chilled Fruit Cocktail Asst. Fruits & Veggies	30 Hot & Honey Nachos Fluffy Brown Rice Buttery Corn Cucumber Slices Chilled Pineapple Asst. Fruits & Veggies	31 General TSO'S Chicken Fluffy Brown Rice Di's Roasted Broccoli Tossed Salad Mandarin Oranges Asst. Fruits & Veggies Fortune Cookie (2)			

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Meal Applications Now Available Online!

www.payschoolscentral.com

WT Food Service Department 856-582-4010

Menus are subject to
change without notice.

*WG=Whole Grain